# VNPA 25th Annual Conference

## Event Agenda

Thursday, March 26, 2015 at 4:00pm ET - Friday, March 27, 2015 at 4:30pm ET

## 1 All times listed in Eastern Time (US & Canada).

## Thursday, March 26, 2015

#### 4:00pm - 5:30pm

## NP Innovations in Health Care Delivery

Rosemary L. Dale, EdD Chair, Department of Nursing & Clinical Professor University of Vermont

Barbara Rouleau, MS, APRN Visiting Clinical Instructor, Department of Nursing University of Vermont

Shari Bergquist, BA, MS Assistant Dean, Business Operations College of Nursing and Health Sciences University of Vermont

## 5:30pm - 6:00pm VNPA Business Meeting

#### 6:00pm - 7:45pm

## Preparing the Next Generation of NPs for our World of Complex Practice:

Margaret Flinter, APRN, MSN, PhD

Senior Vice President & Clinical Director Community Health Center, Inc, (CT's largest FQHC) Developments in Post-Graduate Education & Training through Residencies & Fellowships

#### 7:45pm - 9:00pm

## Dessert & Wine Reception

Dr. Rosemary Dale and the UVM Dept of Nursing invites you to join us!

## Friday, March 27, 2015

## 7:30am - 8:15am Registration- Exhibits- Breakfast

#### 8:15am - 8:30am

Welcome Amy M. O'Meara, DrNP, WHNP-BC President Vermont Nurse Practitioners Association

#### 8:30am - 9:30am

State Initiatives that Address Elder Care, Child Abuse, Neglect and Substance Abuse Harry Chen, MD Commissioner Vermont Department of Health

#### 9:30am - 10:30am

#### Building a World Class Primary Care System

Margaret Flinter, APRN, MSN, PhD Innovations in Primary Care Delivery that are Improving Patient Outcomes, Revitalizing Providers, and Building Healthier Communities

10:30am - 11:00am Break with Exhibitors

#### 11:00am - 12:00pm

#### **Concurrent Sessions: A**

A-1: Transgender Health & Prevention Alison Bates, ANP, WHNP-BC Nurse Practitioner, Comprehensive Sexual & Reproductive Health Care Planned Parenthood of Northern New England

A-2: Expecting the Best: Optimizing Treatment for Mood and Anxiety Disorders in the Preconception & Perinatal Period Sandra Wood, MSN, CNM, PMHNP Psychiatric NP, Certified Mid-Wife University of Vermont Medical Center

#### 12:00pm - 1:00pm Lunch / Exhibits

## 1:00pm - 2:00pm Concurrent Sessions: B

B-1: Celiac & the Gluten-Free Craze Deborah Moore, MS, APRN, BC NP, Gastroenterology Vermont Gastroenterology

B-2: Cholestrol & HTN Update Kim Ladue, APRN, FNP, CVNP, MSN NP, Cardiology Central Vermont Medical Center

## 2:10pm - 3:10pm

## Concurrent Sessions: C

C-1: Diagnostic Approach to He- matologic Problems Patricia Lewis, MSN, APRN Thrombosis & Hemostasis Program University of Vermont Medical Center Internal Medicine Porter Hospital

C-2: Practical Approaches to Discontinuing Medications Gary Starecheski, BSc Pharmacy Clinical Staff Pharmacist, Inpatient Pharmacy University of Vermont Medical Center

C-3: Evaluation & Mgmt of Pediatric Concussion in Primary Care Christa Zehle, MD Assoc. Professor, Dept. of Pediatrics University of Vermont Medical Center

## 3:10pm - 3:25pm Break

# 3:25pm - 4:25pm

## Concurrent Sessions: D

D-1: First Years in Practice for NP: Case Studies, sharing common cases and pitfalls Patricia Brown, FNP-C NP, Family Practice SMCS - Ludlow Health Center

D-2: PCP Management of Patients with Type 2 Diabetes Robin L. Myers, DNP, ANP-BC, FNP-BC Family Nurse Practitioner, Certified Diabetes Educator Brandon Medical Center - CHCRR