# VNPA 25th Annual Conference

# **Event Agenda**

Thursday, March 26, 2015 at 4:00pm ET - Friday, March 27, 2015 at 4:30pm ET

## 1 All times listed in Eastern Time (US & Canada).

# Thursday, March 26, 2015

4:00pm - 5:30pm

### NP Innovations in Health Care Delivery

Rosemary L. Dale, EdD

Chair, Department of Nursing & Clinical Professor University of Vermont

Barbara Rouleau, MS, APRN

Visiting Clinical Instructor, Department of Nursing University of Vermont

Shari Bergquist, BA, MS

Assistant Dean, Business Operations College of Nursing and Health Sciences University of Vermont

5:30pm - 6:00pm

### **VNPA Business Meeting**

6:00pm - 7:45pm

### Preparing the Next Generation of NPs for our World of Complex Practice:

Margaret Flinter, APRN, MSN, PhD

Senior Vice President & Clinical Director Community Health Center, Inc, (CT's largest FQHC)

Developments in Post-Graduate Education & Training through Residencies & Fellowships

7:45pm - 9:00pm

### **Dessert & Wine Reception**

Dr. Rosemary Dale and the UVM Dept of Nursing invites you to join us!

# Friday, March 27, 2015

7:30am - 8:15am

Registration- Exhibits- Breakfast

8:15am - 8:30am

Welcome

Amy M. O'Meara, DrNP, WHNP-BC

President Vermont Nurse Practitioners Association

8:30am - 9:30am

## State Initiatives that Address Elder Care, Child Abuse, Neglect and Substance Abuse

Harry Chen, MD

Commissioner Vermont Department of Health

9:30am - 10:30am

## **Building a World Class Primary Care System**

Margaret Flinter, APRN, MSN, PhD

Innovations in Primary Care Delivery that are Improving Patient Outcomes, Revitalizing Providers, and Building Healthier Communities

10:30am - 11:00am

**Break with Exhibitors** 

#### 11:00am - 12:00pm

### Concurrent Sessions: A

A-1: Transgender Health & Prevention

Alison Bates, ANP, WHNP-BC

Nurse Practitioner, Comprehensive Sexual & Reproductive Health Care

Planned Parenthood of Northern New England

A-2: Expecting the Best: Optimizing Treatment for Mood and Anxiety Disorders in the Preconception & Perinatal Period

Sandra Wood, MSN, CNM, PMHNP Psychiatric NP, Certified Mid-Wife

University of Vermont Medical Center

### 12:00pm - 1:00pm

#### Lunch / Exhibits

### 1:00pm - 2:00pm

#### Concurrent Sessions: B

B-1: Celiac & the Gluten-Free Craze

Deborah Moore, MS, APRN, BC NP, Gastroenterology

Vermont Gastroenterology

B-2: Cholestrol & HTN Update

Kim Ladue, APRN, FNP, CVNP, MSN NP, Cardiology

Central Vermont Medical Center

### 2:10pm - 3:10pm

#### Concurrent Sessions: C

C-1: Diagnostic Approach to He- matologic Problems

Patricia Lewis, MSN, APRN Thrombosis & Hemostasis Program University of Vermont Medical Center Internal Medicine Porter Hospital

C-2: Practical Approaches to Discontinuing Medications

Gary Starecheski, BSc Pharmacy Clinical Staff Pharmacist, Inpatient Pharmacy University of Vermont Medical Center

C-3: Evaluation & Mgmt of Pediatric Concussion in Primary Care Christa Zehle, MD

Assoc. Professor, Dept. of Pediatrics University of Vermont Medical Center

### 3:10pm - 3:25pm

### Break

## 3:25pm - 4:25pm

## Concurrent Sessions: D

D-1: First Years in Practice for NP: Case Studies, sharing common cases and pitfalls

Patricia Brown, FNP-C

NP, Family Practice

SMCS - Ludlow Health Center

D-2: PCP Management of Patients with Type 2 Diabetes

Robin L. Myers, DNP, ANP-BC, FNP-BC

Family Nurse Practitioner, Certified Diabetes Educator

Brandon Medical Center - CHCRR